

Expressions



Secondary

Reflection: Express Yourself

Reflect and share your thoughts through illustrations or written words.

Something you like about yourself.

Something you would like to get better at and ways for you to achieve that.



Book

Title: Being Miss Nobody, pages 59-60

Author: Tamsin Winter

Call No.: Y WIN

Publisher: Usborne Publishing, 2017

Excerpt

With all the million new faces and classrooms and bells ringing and crowds pushing, and never-ending rainy days, and disappearing words, I spent most of my time at school wishing I had one thing: A Friend. But when you can't speak, friends can be rarer than unicorns. What weren't rarer than unicorns, however, were people who wanted to make me feel worse than I did already.

Because if you spend the first two weeks at a new school not speaking to anyone, some people think you are doing it on purpose, and that you're being rude. Or you don't want to join in. Or you don't like them. Or you are Totally Weird. And some people think you don't have anything to say at all, like you're just an empty person with no words and no thoughts. Like some kind of walking blank page of nothing. A Nobody. And nobody wants to be friends with a Nobody.

Let's Discuss

1. How do you usually express your thoughts and feelings?

Answer:

2. How did you feel on your first day of attending a new school?

Answer:

2. What advice would you give to someone your age who needs help making friends?

Answer:

Challenge 1: A Different Perspective

Draw and create something new with these random shapes! You may pop out the given template and keep it as a bookmark.



Reading Takes You Everywhere



Pop out line - - - - -

Check out these books:



Title: Lovely War
Author: Julie Berry
Call No.: Y BER
Publisher: Viking, 2019



Title: Becoming Jo: A Modern Re-telling of Little Women
Author: Sophie McKenzie
Call No.: Y MAC
Publisher: Scholastic Children's Books, 2019



Title: Watch Us Rise
Authors: Renée Watson and Ellen Hagan
Call No.: Y WAT
Publisher: Bloomsbury YA, 2019

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Available as an eBook on the NLB catalogue at www.nlb.gov.sg



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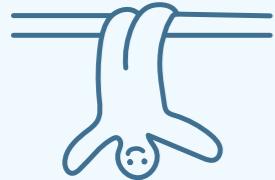


Challenge 2: What do you mean?

Match the idioms or phrases to their definitions! Use these idioms or phrases to express your emotions.



"I'm all ears."



"Hang in there!"



"Are we on the same page?"



"That's a piece of cake!"



"I'm floating on cloud nine right now."

"Are we in agreement?"

"That's easy!"

"I'm listening to what you're saying."

"I'm extremely happy!"

"Don't give up."

